



**WEST
WINGS**

WINGS·BURGERS·BAR

West Seattle's Home for Heat

WEST WINGS

CLASSIC WINGS

Our wings are always fresh, never frozen, and free of antibiotics.

Each one is carefully brined and cooked to order

Tossed in your choice of sauce. Served with celery & ranch or blue cheese

add a
side of
fries
\$3.25

6 wings

\$11.49

Tossed in one sauce

12 wings

\$21.99

Tossed in up to two sauces

18 wings

\$31.99

Tossed in up to two sauces

HOUSE MADE BUFFALO SAUCES

1 Flame Buffalo

Blend of hot sauce and spices

2 Flame Buffalo

1 Flame plus cayenne

3 Flame Buffalo

2 Flame plus jalapenos

4 Flame Buffalo

3 Flame plus a blend of habanero and serrano pepper

5 Flame Buffalo

4 Flame with ghost pepper

Creamy Buffalo

Creamy version of our Flame Sauce.

Choose from Creamy, Spicy Creamy or Super Spicy Creamy

Your Dad's Buffalo

Our version of Frank's and butter **Hot, Medium, or Mild**

Flights of Flame



An assortment of our famous Flame Sauces, served on the side.

Choose a medium flight with 1-4 Flame or a hot flight with 3-6 Flame \$3.89




ADDITIONAL WING SAUCES

BBQ 

 Mango Habanero 

 Hot Honey BBQ 

Teriyaki

 Korean Pepper

Extra sauces or dressings \$.79

Bourbon Glaze

 Sweet Red Chili 

 Spicy Peanut 

DRY RUBS



Garlic Parmesan

Lemon Pepper 

regular or spicy

Chili Lime 

regular or spicy

 Exploding Pepper 

BONELESS & VEGGIE WINGS

Tossed in one sauce of your choice - served with celery & ranch or blue cheese

Small Order

Boneless \$11.49 (7-9 piece)

Impossible \$12.99 (9 piece)

Cauliflower

One size \$15.99

Large Order

\$22.99 (15-18 piece)

\$25.99 (18 piece)

A 3% surcharge will be added to all orders in support of livable wage increases and rising costs. No portion of this surcharge will be distributed as a tip, gratuity or bonus to any restaurant team member and will be retained 100% by the business.

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BURGERS

Classic style burgers with lettuce, tomato, grilled onions, pickles & house burger sauce

Add bacon to any burger \$2

Add fries or side garden salad \$3.25 Waffle fries, sweet potato fries or side Caesar \$4.50

Hamburger

\$7.99

Cheeseburger

\$8.99

Double Cheeseburger

\$11.99

Bacon BBQ Burger

Double patty, BBQ sauce,
bacon, American cheese and
onion rings for crunch

\$12.99



Aloha Burger

Double patty, teriyaki sauce,
grilled pineapple, pepper jack,
lettuce, tomato & fresh jalapenos

\$12.99



Alki Bonfire Burger

Double patty, BBQ sauce,
bacon, pepper jack, fresh
jalapenos and onion rings

\$12.99

SPECIALTY SANDWICHES

Choose HAND-BREADED CRISPY or MARINATED GRILLED chicken

Served on a brioche bun with fries or side garden salad

Substitute waffle fries, sweet potato fries or side Caesar salad for \$1.25 more

Crispy chicken is hand breaded and made to order. May take longer than other menu items

THE SPICY CHICKEN Crispy or Grilled \$15.99

Fresh jalapeno slices, lettuce, tomato, & bacon

How hot do you like it? Choose your sauce

1 Flame through 5 Flame or your choice of Creamy Buffalo Sauce

Admiral Chicken

Crispy or grilled chicken,
lettuce, tomato, provolone,
pickles, bacon
& house burger sauce

\$15.99

Hot Honey Crispy Chicken

Hot honey glazed crispy
chicken, pickled slaw, fresh
jalapeños, spicy mayo

\$15.99

Impossible Burger

Impossible patty, with
American cheese, lettuce,
tomato, grilled onions,
pickles,

\$16.99

HOT DOGS & QUESADILLAS

100% all beef foot long Nathan's Hot Dog

Add fries or a side garden salad \$3.25 Waffle fries, sweet potato fries or side Caesar \$4.50

Add two slices of bacon to any hot dog \$4

The West Seattle

Cream cheese, caramelized onions,
fresh jalapenos, cherry pepper
spread, relish, & spicy
creamy buffalo sauce

\$13.99

The Traditional

Dog.
Bun.
Done.

\$10.99

The Banh Mi

Pickled carrots & daikon,
fresh jalapeno, cilantro
and spicy mayo

\$13.99

Buffalo Chicken Quesadilla

Creamy or spicy creamy buffalo sauce, melted cheese, lettuce, & red onion

\$13.99

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SNACKS

Hummus & Veggie Tray

Carrots, celery, cucumber, cherry tomatoes
served with pita and hummus

\$12.99

Regular

\$14.99

Spicy: jalepeno and garlic
hummus, pepperoncinis on side

Onion Rings

Beer battered, crispy, delicious

\$9.99

Big Ol' Pretzel

Salted and served with jalepeno mustard
and stone ground mustard

\$13.99

Cauliflower Bites

Breaded cauliflower fried and
served with sauce of choice

\$13.99

Celery & Carrot Basket

An assortment of celery and carrot sticks
served with ranch

\$7.99

Mozzarella Sticks

Six mozzarella sticks
served with marinara

\$11.99

Crispy Pickle Chips

Breaded pickle chips served with your
choice of sauce for dipping.

\$8.99

Basket of Fries

Regular	Waffle	Sweet Potato
\$5.99	\$6.99	\$7.99

* WEST WINGS STYLE CAULIFLOWER BITES or WAFFLE FRIES *
Your choice of flame sauce, topped with Blue Cheese Crumbles & Scallions add \$3.50

SALADS

Italian Chopped Salad

Romaine, red onion, tomato, provolone,
chicken, salami, garbanzo beans,
& Italian dressing

\$15.99

Regular

\$16.99

Spicy: Mama Lil's Peppers
and pepperoncinis

Caesar Salad

Romaine, shredded parmesan, croutons
and Caesar dressing

\$6.99

Side

\$13.99

Entrée

\$4.99

Add chicken

West Wings Wedge Salad

Crisp iceberg lettuce wedge, blue cheese
dressing, bacon, tomato, scallions, cucumber,
& blue cheese crumbles

\$15.99



Buffalo Chicken Salad

Grilled chicken tossed in your choice of
creamy or spicy creamy buffalo sauce, romaine,
red onions, tomatoes, celery and blue cheese
crumbles. Served with blue cheese
dressing on the side

\$15.99

Garden Salad

Romaine, red onion, tomato, cucumber, carrot, garbanzo beans, croutons
& choice of dressing

\$5.99

Side

\$13.99

Entrée

\$4.99

Add chicken

Salad Dressings

Ranch, Spicy Ranch, Blue Cheese, Caesar, Honey Mustard, Italian, & Balsamic Vinaigrette

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WINE

Reds

Pinot Noir	Erath, Oregon	Glass \$12	Bottle \$45
Cabernet	Bonanza, California	\$11	\$42
GSM-Red Blend	Hahn, California	\$11	\$42

White/Rose

Chardonnay	Chalk Hill, Sonoma Coast	\$12	\$45
Pinot Grigio	Santa Cristina, Tuscany	\$11	\$42
Sauvignon Blanc	The Crossings, New Zealand	\$11	\$42
Rosé	14 Hands, Columbia Valley	\$11	\$42
Prosecco	Benvolio, Italy		\$12

BEERS

See our extensive list of beer and cider offerings with local, seasonal & rotating taps

COCKTAILS FROM THE BAR

Seasonal

Sweet Heat Margarita \$13

Our signature Fire-Break margarita, mixed with your choice of pineapple or strawberry

Aperol Spritz \$13

An Italian classic. Refreshing blend of Aperol, Prosecco and soda

Rosemary Paloma \$12

Tequila Ocho, rosemary simple syrup and grapefruit juice.
Perfect flame sauce extinguisher

Watermelon Gin & Tonic \$13

Tanqueray muddled with fresh watermelon and served with fresh mint, ours is a vibrant, summery twist on the classic

Lavender Lemonade \$11

A refreshing blend of vodka, fresh lemonade and lavender syrup

Hugo Spritz \$13

St. Germain and prosecco come together for a light, floral cocktail served with soda, fresh mint and lime for easy sipping

Spaghett \$8

The Champagne of Beers mixed with Aperol and lemon juice.
Only at West Wings!

West Wings Classics

Fire-Break Margarita \$12

West Wings signature Cadillac Margarita, with Mi Campo, fresh jalapeno, tajin rim served on the rocks

Flaming Mary \$12

Bloody Mary made with our famous Flame Sauce, vodka, garnished with celery, fresh jalapeno, & lime with a tajin rim

Old Fashioned \$14

Makers Mark with orange & standard bitters served over large ice cube with orange rind & cherries

BEVERAGES

Adult Soft Drink
\$3.69

Kid's Soft Drink
\$1.99

Kid's Milk
\$1.99

Kid's Apple Juice
\$2.59

Coke
Diet Coke

Sprite
Dr. Pepper

Barq's Root Beer
Coke Zero

Unsweetened Tea
Minute Maid Lemonade

Fresh Strawberry Lemonade \$4.99

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DESSERT

West Wheels

Crispy cinnamon & sugar mini donuts
served with chocolate sauce

6 piece \$5.99

12 piece \$10.99

West Wheels a la mode

Add some ice cream - the only way to
make donuts better

6 piece & 2 scoops \$8.99

12 piece & 4 scoops \$16.99

Admiral Junction Root Beer Float

A classic for kids of all ages
\$4.99

Vanilla Ice Cream

Two scoops \$3.99

WEST WINGS' STORY

West Wings was born from a simple idea shared by two cousins and longtime West Seattle residents: create a fun, laid-back place in the Admiral neighborhood where friends, families and fans could come together over cold beer, hot wings, and great food. In 2022, that vision became a reality. Since opening our doors, West Wings has become more than just the go-to for game day and comfort food. We're a true neighborhood gathering place where you'll always be welcomed with warm hospitality and full table service from our team.

But what really sets West Wings apart is our commitment to quality. We don't cut corners - ever. Our wings are always fresh, never frozen, and free of antibiotics. Each one is carefully brined and cooked to order, ensuring that perfect crisp on the outside while staying juicy and flavorful inside. Our signature Flame sauces and dry rubs are made in-house in small batches, crafted with care to bring just the right balance of heat, tang, and flavor.

From classic favorites to creative new twists, everything we serve is made with intention.

At West Wings, we are driven by flavor - not compromise.

As a local family-owned business, we're proud to support the community that supports us. With your help, we've raised over \$15,000 for West Seattle schools and youth sports - and we're just getting started.

Thanks for winging it with us!

The Cousins

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